



The Marreg 2026 - Live Results

Tap on a runner to see more info

● LIVE

#	Runner	Club	Cat	Bib	Time	Status
1	Mike George	NBLRs	M18	19	10: 10: 52	FINISH
2	Lucy Gossage		F40	83	10: 45: 49	FINISH
3	Joshua Tremblay	Mynyddwyr De Cymru	M18	72	11: 09: 11	FINISH
4	David Powell	Clyne Woods Running Wasps	M18	55	11: 14: 41	FINISH
5	Oliver Williams	NBLRs	M18	82	11: 20: 04	FINISH
6	Tom Rees		M50	57	11: 23: 42	FINISH
7	Emily Ptacek		F18	56	11: 26: 43	FINISH
8	Dale Gardiner		M50	18	11: 38: 51	FINISH
9	Arwel Davies		M18	12	11: 56: 00	FINISH
10	Emma Williams		F40	80	12: 23: 06	FINISH
11	Alun James		M18	33	12: 29: 36	FINISH
12	Daniel Flynn		M18	17	12: 31: 34	FINISH
13	Sonia Valla	NBLRs	F40	75	12: 32: 09	FINISH
14	Olly Turner	Handy cross	M50	73	12: 33: 17	FINISH
15	Michelle Attridge		F40	1	12: 33: 28	FINISH
16	Ben Hughes	NBLRs	M40	29	12: 33: 34	FINISH
17	Darren Shaw	Mynyddwyr De Cymru	M40	62	12: 43: 29	FINISH
18	Nathan Goddard	Chew Valley Runners	M40	20	12: 47: 13	FINISH
19	Henry Bourton	RHFC	M18	5	12: 51: 44	FINISH
20	Wolfgang Luecke	Running Punks	M40	46	12: 55: 45	FINISH
21	Chris Joseph	Mynyddwyr De Cymru	M40	38	13: 29: 57	FINISH
22	Domi Kimber	NBLRs	F50	40	13: 30: 06	FINISH
23	Steven Sleep	Porthcawl Runners	M50	64	13: 42: 24	FINISH
24	Ruben Lightfoot	lightfoot.run	M40	44	13: 50: 15	FINISH
25	Luke Baines	NBLRs / Growlers	M40	2	14: 00: 52	FINISH
26	Pete Soulsby		M18	66	14: 03: 12	FINISH
27	Katie Harrower		F18	27	14: 04: 22	FINISH
28	Jamie Lee		M18	42	14: 35: 44	FINISH
29	Mark Underhill	Aberteifi	M50	74	14: 36: 19	FINISH
30	Richard Thomas		M40	71	14: 48: 15	FINISH
31	Sarah West	NBLRs	F18	77	14: 50: 54	FINISH
32	Julian Lewis	TROTS	M50	43	15: 03: 34	FINISH
33	Mick Smith	NBLRs	M40	65	15: 03: 35	FINISH
34	Mark Scott		M40	60	15: 03: 53	FINISH
35	Adam Cunningham		M18	8	15: 29: 04	FINISH
36	Tom Davies		M18	9	15: 29: 51	FINISH
37	Katarzyna Krzeminska	Ogmore Phoenix Runners	F40	41	15: 31: 00	FINISH
38	Enfys Bosworth		F18	4	15: 31: 24	FINISH
39	Sasha James		F18	35	15: 31: 33	FINISH
40	Chris Gregory	NBLRs	M18	23	15: 31: 57	FINISH
41	Steve Plumb	NBLRs	M40	53	15: 39: 14	FINISH
42	Dan Swift	NBLRs	M40	67	15: 49: 54	FINISH
43	Matt Jones	NBLRs	M18	86	15: 53: 18	FINISH
44	Steven Perks	Run4all Neath	M50	52	15: 55: 04	FINISH
45	Luke Williams		M18	79	15: 59: 59	FINISH
46	Kiri Day	NBLRs	F40	13	16: 08: 23	OVER TIME
47	Chris Evans	NBLRs	M50	16	16: 08: 48	OVER TIME
—	Richard Barry		M40	3	—	DNF
—	Dafydd Bowen	Clwb Rhedeg Aberteifi	M18	6	—	DNF
—	Adam Cooke		M50	7	—	DNF
—	George Davies		M18	10	—	DNF
—	Kevin Davies	NBLRs	M50	11	—	DNF
—	Mandy Draper	100 marathon club	F50	14	—	DNF
—	Phil Evans		M40	15	—	DNF
—	John Goy	@LeastWeTri	M40	22	—	DNF
—	Tristram Hales	Llantwit Major Milers	M40	25	—	DNF
—	Martin Harris	Pemb's Harriers	M50	26	—	DNF
—	Kieran Head	NBLRs	M40	28	—	DNF
—	Lenny Hughes	Maldwyn Harriers	M50	30	—	DNF
—	Cynyr Ifan		M50	31	—	DNF
—	Max Jacob		M18	32	—	DNF
—	Lee Jenkins		M40	36	—	DNF
—	Matthew Kelly		M50	39	—	DNF
—	Bethan Long		F40	45	—	DNF
—	Fraser Mcmillan	Cardigan Running Club	M50	47	—	DNF
—	Michael Monroe	NBLRs	M18	49	—	DNF
—	Rosie OToole	NBLRs	F18	51	—	DNF
—	Laszlo Pocsai		M50	54	—	DNF
—	Christine Roberts	Pemb's Harriers	F40	59	—	DNF
—	Christopher Sexton	Pemb's Harriers	M50	61	—	DNF
—	Robin Shaw	Ironchef coaching	F18	63	—	DNF
—	Gareth Thomas	Porthcawl triathlon club	M40	69	—	DNF
—	Andrew Webb		M50	76	—	DNF
—	Tim Whittall-Williams		M50	78	—	DNF
—	Matthew Williams	Independent	M40	81	—	DNF

Race timing by [Realttime Racing](#)